

# MADE TO MOVE PILATES

802-875-6683(move)

## STUDIO POLICIES:

Made to Move Pilates is a safe, trusting, and non-judgmental environment. In hopes of an enjoyable experience I ask for your cooperation following the policies. *Thank you.*

## PACKAGE TERMS:

Packages are non refundable, but are transferable. If you cannot make an appointment, a friend or family member may take the opportunity to use your session. Advanced notice is appreciated.

Packages DO EXPIRE. All packages expire within 6 months from the date of purchase.

## GROUP CLASS SESSIONS:

When offered, group classes will be offered in 4 or 6-week sessions. All sessions are to be paid prior to the beginning of the session. If you miss a class, there are no make up classes once the session has begun. It is advisable to sign up early for classes, as the studio is small with limited enrollment. Enrollment is on a first come first serve basis.

In the event of bad weather, we will cancel a class and hold a make up class at another date. Please check the facebook page or call the studio.

All mats and props are provided for group classes.

## CANCELLATIONS/ILLNESS/INJURY:

Private/Duet Sessions: 24 hour notice is required to avoid being charged a full session fee. If you have a duet scheduled and your partner cancels, you will be charged the private session fee.

Sick Policy: Keep your germs at home!! If you are coming down with something, please contact me so we can discuss your options.

Long-term illness or injury: If you are sick or injured, your package or class session fee will be placed on a hold. **This does not apply to vacations.**

## GENERAL:

Cell Phones: Please keep your phone on silent. If you must use your phone please leave the room as not to disturb the class.

Shoes: Please remove all shoes prior to moving about the studio

Mats and Equipment: Please spray and wipe down your mat after class and your equipment used after a session.

Clothing: Comfortable clothing is necessary for a successful session. If you have any questions about what to wear, please feel free to contact me.